

BABY SIGNS®



Quick Reference Guide

Mealtime



eat drink more milk cereal bib all done

Bedtime



love stars light sleep moon book

Bath Time



bubbles bath frog water duck toothbrush

My Pets



bunny bird cat dog fish turtle

The Park



butterfly ball slide flower swing tree

Dressing



hat comb socks shoes coat diaper

Feelings



happy sad afraid angry love cold

Outside



airplane outside rain play car bug

Farm



chicken mouse sheep cow pig horse

Safety



hot hurt help dirty stop gentle

The Zoo



bear elephant giraffe kangaroo monkey lion

Birthday



balloon candle song happy cake ice cream

Ten Steps to BABY SIGNS® Success

1. Start with just a few

Choosing a few means you are more likely to remember them. "Eat," "drink," and "more" are good starter signs.

2. Always use the sign and the word together

Seeing the sign and hearing the word together helps your baby make the connection.

3. Repeat the sign and the word

Be sure your baby is watching, then quickly repeat the sign and word combination several times.

4. Point when possible

If the sign you're using stands for an object, point to the object while saying the word and making the sign.

5. Guide your baby's hands

If you feel it is necessary, gently guide your child's hands, but don't expect perfection. Babies' motor skills are limited.

6. Make signing a part of your daily activities

Add reminders of the signs you are teaching to your daily routines (e.g. a rubber duck in the bathtub or flower stickers on your baby's highchair).

7. Watch for opportunities

Be on the lookout for things to talk about with signs. More examples mean faster learning.

8. Be flexible

Feel free to change a sign or make up a new one. And be sure to watch for your baby's own creations.

9. Be patient

The younger your baby, the longer it will take to learn a sign.

10. Make signing fun

Encourage your baby often. Have fun together and enjoy the magic that using the BABY SIGNS® Program will bring!

