## Welcome to the Nursery!

Babies are encouraged to play with a variety of toys that shake, make noise and that they can manipulate with their hands. Safe, small muscle toys are organized by type and stored on low, open shelves for baby's free use. Teachers show babies how to use toys as needed (stacking blocks, shake a rattle etc.) Non-mobile babies are placed on soft carpeted areas with a blanket or play mat underneath where they can move freely. Tummy time is given for short intervals to allow babies to develop neck and upper body strength. Safe open space is provided for crawlers and walkers. Teachers will spend lots of time cuddling your little one to ensure he/she feels safe, happy and nurtured!

Daily Routine and Schedule: A flexible schedule is provided for meal, nap and play times. Teachers will work with you as the parent to ensure that your scheduling wishes are carried out and each and every child receives exactly what he/she needs.

Cognitive Development: Teachers talk to children frequently about things they see and things they are doing. Teachers talk about shape, size and color of toys and familiar things the child sees during both play and routine care. Sensory play is also provided so babies may safely explore a variety of materials using all five senses.

Language Development: The teachers encourage babbling and talking by repeating the sounds they make. Babies are also taught basic signs such as; milk, eat, more, help, please, thank you and I love you. Use of signs are helpful for babies to communicate before they have the verbal skills to do so.

Pictures, mobiles and other objects are placed where they are easy for children to see. Teachers sing and chant numbers, sing alphabet songs and show board books pointing, naming and counting things in the book. Music and movement is always included daily. Musical toys and toys with sound are available as well as cause and effect type toys to engage the babies senses and encourage active brain development.

Outside time: The children go outside twice daily. They enjoy rides in the buggy and take turns feeling the breeze in the baby swings. Patio time is a nice time for even non-mobile babies to explore or relax in the fresh air. Carpets and padding are provided so babies can safely explore outside the classroom. Climbing wedges, balls and a variety of other toys are provided as well for gross motor development.